

CURRICULUM - VITAE

PERSONAL DETAILS:-

Name : Mrs.Nimisha Ann Benny
Age : 26yrs
Sex : Female
Date of Birth : 22.06.1994
Nationality : Indian
Religion : Christian
Place of Birth : Puthencavu
Languages Known : English, Kannada & Malayalam
Civil Status : Married
Permanent Address : Thampurankuzhiyil (H)
Puthencavu p.o
Chengannur
Alappuzha Dist.
Kerala – 689123
India
Contract No : 9632897298
8848830656
Email : nimmibennykoshy@gmail.com
Hobbies : Reading to keep knowledge updated
Attending Educational Seminar, Listening
to Music and Watching TV



Passport Details:-

Passport No : P5411507
Date of Issue : 02/01/2017
Date of Expiry : 01/01/2027

EDUCATIONAL QUALIFICATION:-

Secondary : St Anne's GHSS Chengannur , Alappuzha Dist, Kerala.

Higher Secondary : St Anne's GHSS Chengannur , Alappuzha Dist, Kerala.

BSc nursing : Alva's College of Nursing Moodbidri , Mangalore Dist, Karnataka

INTRODUCTION:-

Experienced in **cardiac icu as a critical care nurse**

OBJECTIVES:-

- Looking for a challenging role in an organization where growth and prospects are unlimited with culture of performance based appreciations.
- Looking ahead work in challenging environment and to strive for excellence and to secure a challenging position in it. This may enable me to integrate my knowledge and skills.
- My professional objective is to achieve a challenging and growth oriented position in a progressive firm, which would utilize my potential and skills efficiently and capably to achieve the best of my job and me.

SKILLS:-

- Capability of handling emergency equipments like Ventilator, Defibrillator etc.,
- Code blue management including basic Cardiac and Respiration Life support
- Management of Pre and Post Operative Care, Cardio pulmonary resuscitative measures and accite medical and surgical emergency
- Able to assist haemodialysis.

EMPLOYMENT HISTORY:-

Total Year of Experience : 2 Yrs & 8 Month

1. 12/09/2017 to 12/02/2018 –  Wockhardt Hospital, Mira Road, Mumbai.
2. 16/04/2018 to 29/07/2020 – Apollo Super Speciality Hospital, Banneraghatta Road, Bangalore.

DUTIES AND RESPONSIBILITIES:-

Following Nursing process in assessing, planning, Implementation and evaluating daily individual patient care.

- Maintaining patient airway – providing tracheal, oral nasal Suctioning as required. Adequate chest physiotherapy to mobilize the Secretions. Two hourly change of position. Give Steam Inhalations, mobilization, administer Oxygen.
- Care of patient on ventilator – maintaining patent airway setting the ventilator parameters accordingly to the patient respiratory status and constant monitoring of the patient.
- Monitoring Glasgow – Coma Scale the level of consciousness is assessed by using Glasgow Coma Scale. Pupillary response light also monitored charges are daily recorded and reported.
- Meeting nutritional and elimination needs: Inserting nasogastric tube. Giving Ryles tube lavage, Administration of enema Suppositories, Urinary Catheterization.
- Attending and managing all emergencies and emergency equipments.
- Preparation and administration of medicines like Cardiac drugs, Anti-Biotics, Narcotics, Inotropics emergency drugs.
- Collection Specimen and blood and sending sample through Swisslog hospital pneumatic.
- Assignment works of the department.
- Phlebotomy and IV line insertion by I.V Canula and leader cath.
- Assisting in Paramedical Services.
- Continuous monitoring of arterial blood pressure, CVP, etc.

PROCEDURES ASSISTED

Insertion of Central Line, Arterial Line Insertion, Lumbar Puncture, Fluid Tapping, Intubation, Tracheostomy, Dialysis Perform CPR, Insertion of chest tubes, Tracheostomy Defibrillation, STK therapy, Bronchoscopy, UGI endoscopy, EEG, Insertion of Dialysis Catheter, Bone marrow aspiration, Ryle's tube, Foley's catheterization

TYPES OF CASES AND PATIENTS:-

Myocardial Infarction, Cardiac arrest, respiratory arrest, Cardiogenic shock, Angina, CAD, Complete Heart Block, CCF, Cor – Pulmonale, DCMP, Left Ventricular Failure, Thrombocytopenia, Seizure, Syndrome, Ischemic stroke, Meningitis, Craniotomy, Hypertension, Pulmonary edema, Decompensated heart failure

EQUIPMENTS USED:-

- Ventilator (Siemens and PB Galielio, Dragon, Servo, Engtrom Carestation)
- External monitors (Hewallet Packard. Mini shoot and omini care with ECG, NBP, ABP, CVP, PAP, SPO Monitoring)
- Defibrilleter (Code master, code master XL and code master XL plus
- Crash trolley including all the emergency drugs and equipments like laryngoscope, ambubag, etc.,
- Ophthalmo Scope, Bipap & C-pap Machine
- ABG Machine
- Computer remote bed
- Water Bed, Alpha bed, Nimbus bed, Pressure Bag, Tracheostomy equipments like stericath, trachivent etc.,
- DVT pump, Pulse oxymeter, Glucometer
- IABP Monitor
- Infusion Pumps (Syringe Pumps & Volumetric Pumps)
- CRRT

SPECIAL DUTIES:-

- Maintaining the drugs and supplies as per standing order
- Check the equipment and arrange in working condition
- Took the all equipments at accessible place securely
- Maintain the reports and records of the patient up to date
- Need to keep ready the emergency drugs to use at any time
- Always keep the department neat clean and tidy
- Supervision of students and non professional worker
- Maintaining inventory of Articles
- Receiving required Stationary items

DECLARATION

I hereby state the above written statements are true of my knowledge and belief.

Date:

Place:

NIMISHA ANN BENNY